

BE AWARE & TAKE CARE:  
Talk to your pharmacist!

# Measuring Liquid Medicine

**Never guess the  
dose -- if you  
don't know, ask  
your pharmacist!**

It's important to measure liquid medicine accurately in order to get the right dose. Liquid medicine sometimes comes with a measuring device like a cup, spoon, or dropper. Be sure to use the right device in order to get the right dose.

Check the markings carefully on the measuring device. Most liquid medicine is measured by teaspoon (tsp) or milliliter (mL) or cc.



1 mL = 1 cc

2.5 mL = 2.5 cc = 1/2 teaspoon (tsp)

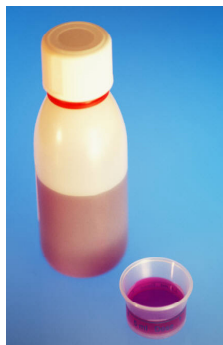
5 mL = 5 cc = 1 tsp

15 mL = 15 cc = 3 tsp = 1 tablespoon (tbl or Tbsp)

30 mL = 30 cc = 2 Tbsp = 1 fluid ounce (oz)

Using kitchen silverware instead of a measuring device that comes with a medicine can result in the wrong dosing -- too much or too little of the medicine. For example, a large kitchen spoon can hold twice as much liquid as a small kitchen spoon. Use the measuring device provided with the medicine instead of kitchen silverware.

If your liquid medicine doesn't come with a measuring device, ask for one at the pharmacy. Some of the most common measuring devices include:



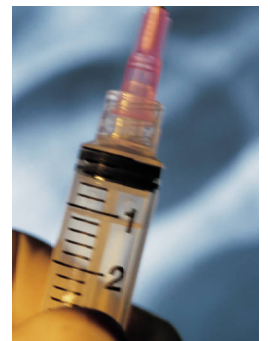
dosing cup



measuring spoons



dosing spoon



dosing syringe

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Be sure to measure liquid medicine at eye level, and never guess at the dose. Use the dose shown on the prescription label. This is especially important when giving liquid medicine to children.

Ask your doctor or pharmacist if you have any questions about measuring liquid medicine.